

The Parish of Wellow

Wellow Church and Parish News

March 2025

"A thorough examination" by Matthew Street, The Vicar, based on 2 Corinthians 13:5a

Assess yourselves to check that you are living in the faith. Test yourselves to make sure. (2 Corinthians 13:5a)

The older we get, the more it pays to keep a check on our health. That's not to say we should become morbid hypochondriacs; simply that we should keep an eye out for problems so that we can seek help to put them right before they take hold. If that is true medically speaking, it's true also when it comes to our spiritual health, for that can equally suffer as the years go by. Complacency, disillusionment or sheer weariness are all conditions that can steal up on us, sapping our faith of its natural vitality. Just as with our physical well-being, we need to be alert to the signs, regularly making time to examine ourselves.

Traditionally, Lent is such a time, calling us to reflect on our discipleship and to ask if everything is as it should be. None of us is perfect, of course, and the last thing God wants is to encourage a spirit of negative self-criticism. Rather, he wants us to conduct an honest self-appraisal, and then to seek his gracious help in bringing inner healing and renewal. The cure does not lie solely in us, any more than self-help remedies are the answer to every physical ailment. It lies in recognising something is wrong and seeking help from the one who alone is able to give us wholeness. If we are willing to admit our need, he will do the rest.

Sunday Services in March

Keep fit for life - Fasting

Sunday 2nd March: 10.00 a.m. Talk: How to fast. Matthew 6:16-18

Leader: Dick Beath Speaker: Dick Beath

Sunday 9th March: 10.00 a.m. H.C. Talk: Fasting exiles. Ezra 8:15-36

Leader: Matthew Street
Speaker: Matthew Street

Sunday 16th March: 10.00 a.m.

Talk: Nehemiah's fast. Nehemiah 1:1-11

Leader: Derek Smith Speaker: Derek Smith

Sunday 23rd March: 10.00 a.m. Talk: Nineveh fasts. Jonah 3:1-10

Leader: Matthew Street **Speaker:** Matthew Street

Sunday 30th March: 10.00 a.m. Mothering Sunday –All Age Worship

Leader: AAW team Speaker: AAW team

Contact the Vicar:

The Revd. Matthew Street **Tel:** 01761 432293

Email: mgstreet@me.com or through the church website.

Benefice Office

For anything church related contact the

Benefice Office: **Tel**: 07973972018

Email: office@stjsgroup.church

Advertising in this Newsletter

FREE for voluntary organisations and charities based in Wellow. All other individuals and businesses, whether based in Wellow or elsewhere.

Full page: £10 per month: £100 per annum Half page: £5 per month: £50 per annum Cheques to be made payable to St. Julian's Church P.C.C. and sent to the Editor.

Church Community Groups

Wellow Prayer Group Tuesdays at 3pm

Phone Pauline for details: 832625

Benefice Praise and Prayer

Every Monday, 7.45pm-9.30pm @ The Vicarage, Peasedown St John

'God is spirit, and his worshippers must worship in spirit and in truth.' John 4:24. Please join us as we praise God, hear from His Word, and come to Him in prayer.

St John's Peasedown

1st Sunday 9..00am BC 10:30am HC

4:30pm SF

 2nd Sunday
 10:30 am MP
 4:30pm SF

 3rd Sunday
 10:30 am HC
 4:30pm SF HC

 4th Sunday
 10:30 am MP
 4:30pm SF

 5th Sunday
 10:30 am all together

BC = Bubble Church HC = Holy Communion

SF = Soul Food: A service with modern lively music followed by a family tea

MP = Morning Praise

Want to keep in touch?

St Julian's Church sends out a weekly e-newsletter with all the latest news and views from around the Benefice.

Email **administrator@stjsgroup.church** to subscribe to the mailing list.

Church News

Slowly the weather is getting warmer, quite noticeable in the Church for Sunday services! We are very pleased to announce that things are looking positive with regard to the loo/ kitchen plans.

At the moment we have three weddings to look forward to this summer at St Julian's.

Sunday services continue to be well attended. The next All Age Worship service is on Mothering Sunday March 30th, with lots going on in this service for everyone.

It has been reported to B&NES that the path leading to the church has become very bumpy due to the tree roots, and they will be looking into repairing it.

The bell chamber has been professionally cleared of bird droppings and debris. New mesh has been attached to the windows to stop birds entering and the problem arising again. The clock maintenance man can now carry out any repair work on the clock.

New rotas have been drawn up for cleaning and flower arranging for 2025.

As soon as the weather improves, the last of the stones will be laid on the path at the side and rear of the Church.

The Bell ringers continue to practice every other Wednesday at St Julian's. (The alternate weeks we ring at either Camerton or Dunkerton.) We have a strong band but anyone interested is most welcome to come along. Just turn up at 7.30 p.m.

Several people from St Julian's are members of "The Open Book" team, visiting St Julian's School and Shoscombe School on alternate Thursday mornings. Stories from the Bible are acted out with the help of the children. For more information or if you are interested in joining them, please see one of the Church Warden.

Pam Pike & Jane Rees, Church Wardens

Wellow & District Horticultural Society

Dates for your diaries:

The Hort. Soc. Committee are working on a full programme for all ages, including; Workshops, Talks and Visits and of course the Wellow Flower Show and Plant Sale.

To start off we have:

PESTO FOR PASTA: This is for youngsters and a parent. Sunday 23rd March, in the afternoon.

A local foraging foray of wild garlic. We learn how to forage in the wild responsibly. Take our vibrant leaves back to The Village Hall and make delicious pesto for your pasta dishes. You will take home a jar of your own delicious pesto.

Book early as places are limited.

Contact Hugh Prentice: Email: secretary@hortsoc.wellow.org

PLANT SALE: Saturday 10th May 2-3.30pm

Lots more plants this year to share within our community plus we make some funds for the Hort.Soc. and local good causes.

Suggest as you tidy up your gardens after winter, you have a bucket of compost (nothing fancy required) and a stack of pots ready to pot up seedlings and divisions.

Please also sow extra vegetable seeds as these plants are very popular.

There is also a Green Elephant Stall for pre loved books, garden and the Natural world items

Delicious cakes and drinks (hot and cold) to round the afternoon off.

MEMBERSHIP is now due:

Find out the wide range of benefits of your Hort. Soc. membership and .join/renew https://hortsoc.wellow.org/index.php/

For more information, visit the Hort. Soc. website at https://hortsoc.wellow.org

Have a good spring rising.

Hort. Soc. committee

Lunch Club

Please make a note of the Lunch Club dates for 2025, if you are unable to make it please call Vicky on 01225 835840. If you would like to join us you would be made very welcome. Thank you

27th March	25th Sept
24th April	23rd Oct
22nd May	20th Nov
26th June	11th Dec

The Lunch Club Team

Village Agent New Year Update

Happy New Year and welcome to 2025!

2024 was another really busy year for myself and my other Village Agent colleagues. What we are finding is the role of a Village Agent is always adapting to the needs of our residents. For example, in recent weeks colleagues have been asked to escort two different residents to their hospital appointments at the RUH. One had a terrible phobia of hospitals with a history of missed appointments and welcomed having an "escort" to keep them calm and focussed and the other resident, had dementia with no family based locally and needed a guiding hand with transport, timekeeping and getting to the right place.

We are really pleased that Avon Fire Service have now joined our network of partners and offer free Home Fire Safety Assessments to B&NES residents which several of my residents have already accessed. With the changes the Government made recently to eligibility for the Winter Fuel Allowance we are also again on the lookout for grants from various charitable/trust sources through which we hope to help residents struggling to pay their energy bills this winter.

I thought I would share some of our quarterly stats across our whole service with you, as they give a useful insight into the work we do. We had 251 referrals for Village Agent support, of those 153 were new clients. Just over 30% of our referrals were direct from residents themselves and 35% were made through GP surgeries or Adult Social Care. As part of the work we did supporting those 251 residents, we made 130 referrals on their behalf to other partners we work with. These included referrals for support in finding care, finding dog walkers, cleaners, handy people and gardeners, help to claim benefits, request for adaptations at home and to find social groups.....and many others.

Some of those referrals would have been made by me. I've had several residents who were pleasantly surprised they were eligible to claim Attendance Allowance, so I referred them to Age UK who made the applications on their behalf, I also asked Age UK to undertake benefits assessments as well. I got in touch with CURO Housing on behalf of a couple of residents to get some issues with their homes sorted out. I contacted the Bath Reablement Team as the first step to getting a garden path sorted. And requests to help find a cleaner and on one occasion a roofer too! Some of the most important referrals I made were to the Ageing Well Team. Three of my residents have chronic conditions and hadn't seen their GPs in a while. With their agreement I arranged for the Ageing Well Team to visit them at home for a medical assessment. They then wrote to the GPs making recommendations for changes in medication and treatment.

There is of course still so much of winter left. Please do give me a call or email me if there is anything I can do to help you stay well, safe and warm at home this winter. My email is: chantal@wern.org.uk or call 07391 068705 or call the office on: 01275 333700. Everything we do is free and confidential. Please remember, that although most of my clients have been older people we are here to support any adult over the age of 18. Thanks, and take care.

Chantal Young.

Wellow Wellbeing & Art & Craft Group It's our birthday ...

We are 10 years old and we would like to invite you to a coffee morning to see what we do in our weekly sessions.



Entry will be £2... which includes a drink & cake . Any money taken will be donated to a charity.

Wellow Village Hall ... April 1st; 10-12.

We hope to see you there.



From the Wellow Archive.



Transform Your Kitchen

for a fraction of the cost!

01225 688 052

www.kitchenmakeovers.co.uk

Wellow Parish Diary

Regular activities:

Parish Council meetings: Village Hall; Contact: Parish Clerk: Email: clerk@wellowpc.org. uk

Magic Box Pre-School: Village Hall; Mondays, Wednesday and Friday in term-time. 9.00 a.m. to 3.00 p.m. Contact: Tel: 0771 2369130 or Email: MagicBoxPreSchool@outlook.com

Boules: Wellow Recreation Ground; Summer months: Wednesday, 6.00pm and Sunday, 2:30pm. October: Sunday afternoon only. Contact: Email: wellow.boules@gmail.com: Tel: 01225 830188

Wellow Wellbeing Art & Craft Group: Village Hall; Tuesdays, 10.30-13.00. Contact Averil Swift: Tel: 01373 834384 or Vicky Hamerton: Tel: 01225 835840

Wellow Knitting Group: Manor Close Community Hall: Monday's 1.30–4 p.m. Contact Pam Pike. Tel: 07428 846473 Email: pamela.pike8@gmail.com

Bellringing: Wednesday evening, 7.30 p.m. at St Julian's Church. Contact Clover Holland; Tel: 01225 833348: Email: cloverholland@outlook.com

Lunch Club: Village Hall; 3rd Thursday in the month, September to June. Contact: Vicky Hammerton: Tel: 01225 835840

Mobile Library: Alternate Tuesdays. Village hall: 10.45-11.45 a.m.

Wellow Parish Directory:

Wellow Horticultural Society: Secretary: Tel: 07966 080005: Email: info@hortsoc.wellow. org

Parlour Shop: Tel: 835438: Email: wellowparlourshop@gmail.com **Wellow Village Hall bookings:** Tel: 835840. Email: canndu@live.com

Wellow Community Bus: Contact: Mike Tel: 07854 414084, Email: michaeljclarkson@gmail.com

Friends of St. Julians: Contact: Email: friends@stjulianswellow.co.uk

Wellow Valley Tennis: Contact: Email: wvtennisclub@gmail.com

BANES Local Councillors: Matt McCabe: Tel: 07711 047267; Email: mattmccabe.1@outlook.com. Fiona Gourley: Tel: 07803 015886; Email: Fiona_Gourley@bathnes.gov.uk

Westlink, flexible bus service: Website: westlink.app.ridewithvia.com]westlink.app.ridewithvia.com Tel: 0117 4578561 Email: westlink@wedrt.com

Parish Magazine Editor: Jane Rees, 3 Weavers Orchard, Wellow; Tel: 07950 605239; Email: jane@reestools.co.uk. Please let me have material for the following month's magazine by 18th of each month.

Printed by St Phillip and St James' Church, Odd Down.
Published and Promoted by St Julian's Parish Church at the St J's Group Office,
The Vicarage, Church Road, Peasedown St John, BA2 8AA, administrator@stjsgroup.church